



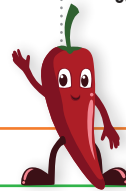
# AFTER SCHOOL CLUB



## WEEK ONE

4TH NOVEMBER, 2ND DECEMBER, 6TH JANUARY, 3RD FEBRUARY, 10TH MARCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken or Vegetable Nuggets with Hoops 1,12 Ice Cream 7	Sausage in a Roll - Meat 1,5,6 or Quorn 1 vg Mr Nourish Biscuit 1 vg	Pizza Bap 1,5,7 v Chocolate Cake 1,7	Jacket Potato with Cheese & Beans 7 v Jelly vg	Assorted Sandwiches 1,3,5,7,16 Fruit Pots vg



## WEEK TWO

11TH NOVEMBER, 9TH DECEMBER, 13TH JANUARY, 10TH FEBRUARY, 17TH MARCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fish Finger Bap 1,5,8 or Quorn Sausage Bap 1,5 v Fruit Pots	Chicken & Cheese Toastie 1,5,7 Cheese & Tomato Toastie 1,5,7 v Crispy Cake 3,7,16	Cheesy Pasta 1,7 v Jelly vg	Sausage Roll - Meat 1,6 or Veggie 1 vg Jaffa Cookie 1 vg	Assorted Sandwiches 1,3,5,7,16 Mr Nourish Biscuit 1 vg



## WEEK THREE

18TH NOVEMBER, 16TH DECEMBER, 20TH JANUARY, 24TH FEBRUARY, 24TH MARCH

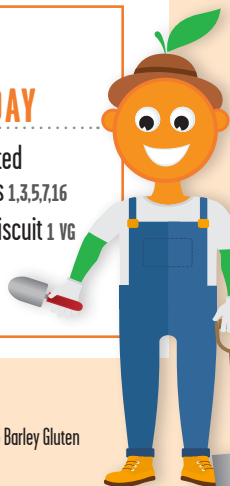
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Roasted Chicken & Vegetable Wrap 1 Roasted Vegetable Wrap 1 vg Mr Nourish Biscuit 1 vg	Margherita Pizza Slice 1,3,7,9 v Jelly vg	Pesto Pasta Twists 1,7 v Fruit Pots vg	Chicken Burger in a Bun 1,5,12 or Bean Burger in a Bun 1,5 vg Flapjack 1,15 vg	Assorted Sandwiches 1,3,5,7,16 Ginger Biscuit 1,15 vg



## WEEK FOUR

25TH NOVEMBER, 30TH DECEMBER, 27TH JANUARY, 3RD MARCH, 31ST MARCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken & Cheese Toastie 1,5,7 Cheese & Tomato Toastie 1,5,7 v Fruit Pots vg	Beef Burger in a Bun 1,3,5,6 or Bean Burger in a Bun 1,5 vg Strawberry Whip 7	Tomato & Herb Pasta 1 vg Jam Sponge 1 vg	Cheese & Tomato Wrap Stack 1,7 v Coconut Biscuit 1,7	Assorted Sandwiches 1,3,5,7,16 Mr Nourish Biscuit 1 vg



**SALAD STICKS SERVED DAILY.**